

Emergency Assistance

Help is available on a limited basis. Call CAC to make an appointment with a Family Development Specialist to determine eligibility and available assistance.

Crisis Rental Assistance

Crisis rental assistance is issued on a fund availability basis and is only for persons with an eviction notice or those in need of a deposit to secure housing. The one-time assistance has a limit of \$250.

Emergency Shelter Assistance

Motel vouchers can be issued to people who are currently homeless. These are available on a limited basis. A household is allowed two to three nights per year depending on the situation and their needs.

Transitional Housing Assistance

CAC operates a transitional housing program subsidy for rent based on household income. Funds are available on a limited basis and there may be a waiting list for these programs.

Emergency Energy Assistance

Project share provides one-time emergency heating assistance to local families and individuals experiencing hardship. Anyone having a shut-off notice from a utility provider, or out of heating fuel may seek assistance.

Limited Transportation Assistance

Transportation assistance is available on a limited basis and contingent to fund availability. Assistance may include: gas vouchers, bus tickets/tokens and minor car repair.

Clothing and Meal Vouchers

Contact a Family Development Specialist at CAC to find out about these services.

Pet Food Vouchers

The Human Society offers vouchers through CAC for pet food.

Family Development

Community Action Center offers multi-service family support to help people stabilize their lives. We offer resources that support basic family needs so they are able to focus their energies on moving forward, not just existing.

Family Development

CAC offers family development and child advocacy services to educate, support and strengthen families through a variety of services.

- Information & Training Workshops
- Crisis Intervention
- Identification of Family Resources
- Referrals
- Establishing Support Networks

Family Support Programs

Workshops and family programs are scheduled throughout the year. Check out scheduled events on our website or call CAC for information.

Child Advocacy

Support, education and encouragement based counseling is provided to children from infancy through age 18.

1 on 1 Parenting Education

Parenting education to support a healthy family is available for a single parent, a couple, guardian, or for other family members as needed.

Energy Assistance

The LIHEAP will provide a one-time benefit to eligible households to be used for energy bills. Payment is determined by income, household size and fuel type. An overdue bill or cut-off notice is not required.

Legal Information & Referral Services

The Legal Service Coordinator can help: **Refer** you to available agencies for legal advice and information. **Schedule** you to attend a clinic. **Find** an attorney to meet with you or represent you. **Provide** information about Whitman County court forms and rules.

Housing Assistance

From rental assistance to home buying CAC housing program offers a wide variety of services to ensure that all people have access to affordable and safe housing in Whitman County.

Rental Opportunity Program

Section 8 ROP makes safe rental housing more affordable to families, elderly and disabled with limited incomes. In this program participants generally pay 30% of their income for rent and utilities.

Weatherization Assistance Program

The Weatherization Program provides energy conservation improvements. A CAC energy auditor performs a complete energy inspection to determine major sources of energy loss in a home and identifies potential cost-effective improvements.

Home Rehabilitation Loan Program

The Rehab Loan Program provides affordable financing for the repair and improvement of owner occupied housing in the county. The program helps people improve the quality and safety of their homes and revitalizes communities.



Home Buyer Education

Workshops are scheduled throughout the year to help people learn about the home buying process. Check the schedule on our website.

Homebuyer Down-Payment Assistance

This program provides educational and financial assistance to homebuyers as well as assistance with budget counseling. CAC can provide gap financing to help you afford your dream home.

CAC Properties



Bellevue Duplexes

Large 3-bedroom units with a country atmosphere at 1750 SE Johnson Road in Pullman



Kenwood Square

One bedroom senior apartments at 1225 Nye Street in Pullman. Community room and balconies.



Wheatland Apartments

Family living in the rural community of Tekoa, Washington



Palouse Cove

One bedroom senior apartments located 20 minutes from Pullman in scenic Palouse, Washington

Community Food Bank

The Emergency Food Assistance Program offers help to those who need access to nutritional food. CAC offers food assistance at both the Fairmont Center and at the outreach office in Colfax.

Community Food Bank - Fairmont Center

350 SE Fairmont Rd, Pullman

Monday	9 to 11 a.m.
Wednesday	4 to 6 p.m.
Soups On supper also offered at this time	
Thursday	9 to 11 a.m.

Community Food Bank - Colfax

200 N Main, Colfax – Emergency Only
509-397-2205 or 1-800-482-3992

Services are available in two Whitman County Locations

Administration Office

350 SE Fairmont Rd Ste 1
Pullman WA 99163
509-334-9147 or 1-800-482-3991
Fax: 509-334-9105
cac@cacwhitman.com

Outreach Office

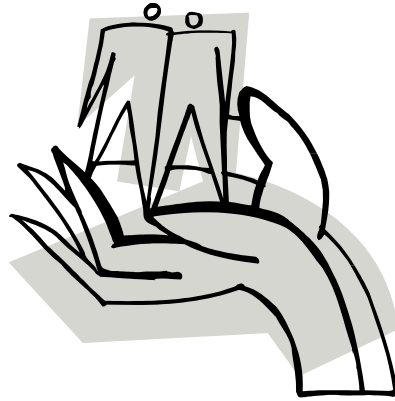
200 N Main
Colfax WA 99111
509-397-2205 or 1-800-482-3992
Fax: 509-397-6176
caccolfax@stjohncable.com

Visit Our Website
www.cacwhitman.com

Office Hours
Monday to Friday
8:30 to 4:30

Community Food Bank
Monday & Thursday 9 to 11 a.m.
Wednesday 4 to 6 p.m.
Soups On
Wednesday 4 to 6 p.m.

SERVICES GUIDE



**We are your
first stop for
assistance & referral
for critical emergency,
housing, family and
child services
to those in need in
Whitman County**



Helping People. Changing Lives in Whitman County

Community Action Center

Since 1988 CAC has been a source of support for approximately 5,000 people each year who are facing economic hardship in Whitman County. We are the primary agency to offer critical services to those in need. From emergency and transitional housing, food supplements and energy assistance to early childhood development, legal referral services and home weatherization and repair assistance, Community Action Center fights to reduce poverty, build strong independent families and create healthy communities.

Many of us are facing some type of economic hardship. People we know, or live near, may be hungry or suffering the effects of poor nutrition; homelessness or living in substandard housing; needing education or job skills training; unemployed or working in less than a living wage. For whatever reason, these situations could happen to anyone of us.

If given an opportunity – an occasional helping hand and a little hope – these families will succeed. CAC is the local organization out of network of more than 900 Community Action Agencies nationwide that is helping people to help themselves work toward and achieve self-sufficiency.

Our Mission

To empower the people & communities of Whitman County to be self-sustaining by:

- Promoting self-reliance of people with low to moderate income
- Promoting cooperation between local communities to enhance social and economic resource development

CAC is a private non-profit 501 (c) 3 primarily funded by state and federal grants and community donations. Your tax-deductible donation can help people we often have to turn away because of financial limitations.

We are looking for people interested in becoming a **Friend of CAC** someone with resources or time willing to help people through food drives, program fundraising or volunteering to help with workshops, food bank assistance, Soups On suppers and other needs that arise as we help people on their journey to self-sufficiency. Contact CAC or visit our website for ways you can become involved in your community.

